

POWER START®

Contains:
172 POWERFUL NUTRIENTS

**Optimal Health / Super Stress
Sexual Energy / Anti-Fatigue
Power Formula for Men**

A COMPLETE "HI-POTENCY" VITAMIN & MINERAL SUPPLEMENT

Serving Size: One Packet

SUPPLEMENT FACTS

Each Packet Contains:	%DV		%DV
 BETA CAROTENE 25,000 The red soft-gel capsule contains: Beta Carotene (Vitamin A) 25,000 I.U. 500		 SEXUAL ENERGY HEALTH and DETOXIFICATION* The black capsule contains: SEXUAL ENERGY SUPPORT HERBAL BLEND 736 mg ** Horny Goat Weed (63mg 4:1 Ext.) 250 mg Tongkat Ali (50mg 4:1 Ext.) 200 mg Epimedium (100mg 40% Icarinins) 100 mg Astragalus Root (25mg 4:1 Ext.) 100 mg Tribulus Terrestris (63mg 4:1 Ext.) 250 mg Panax Ginseng (25mg 4:1 Ext.) 100 mg Tribulus (100mg 40% Saponins) 100 mg Damiana Leaf (25mg 4:1 Ext.) 100 mg Cnidium Monnier (30mg 4:1 Ext.) 120 mg Dong Quai Root (25mg 4:1 Ext.) 100 mg Catuaba Bark (30mg 4:1 Ext.) 120 mg L-Arginine HCL 100 mg Muiru Puama Bark (30mg 4:1 Ext.) 120 mg Activated Charcoal 30 mg Schizandra Berry (30mg 4:1 Ext.) 120 mg Cayenne Pepper 10 mg	
 SUPER B-COMPLEX 100 The orange tablet contains: Vitamin B-1 (Thiamine HCL) 100 mg 6,667 Vitamin B-2 (Riboflavin) 100 mg 5,883 Vitamin B-6 (Pyridoxine HCL) 100 mg 5,000 Vitamin B-12 (Cyanocobalamin) 100 mcg 1,667 Niacin & Niacinamide 105 mg 525 Biotin 300 mcg 100 Folic Acid 800 mcg 200 PABA (Para Aminobenzoic Acid) 100 mg ** Pantothenic Acid 100 mg 1000 Choline (Bitartrate) 100 mg ** Inositol 100 mg ** In a base containing: wheat grass, green barley grass, alfalfa grass, Atlantic kelp, spirulina blue green algae, spinach, kale, broccoli, rice bran, oat bran, flaxseed and soya lecithin (CONTAINS NO YEAST).		 SUPREME LIVER SUPPORT* The yellow 2 piece capsule contains: LIVER SUPPORT HERBAL BLEND 730 mg ** Herbs that support LIVER HEALTH and DETOXIFICATION* Milk Thistle Seed (110mg @ 4:1 Ext.) 440 mg Schizandra Berry (35mg @ 4:1 Ext.) 140 mg Milk Thistle Seed (80% Silymarin) 110 mg Licorice Root (35mg @ 4:1 Ext.) 140 mg Turmeric Root (65mg @ 4:1 Ext.) 260 mg Dandelion Root (35mg @ 4:1 Ext.) 140 mg Turmeric Root (95% Curcumin) 25 mg Picrorhiza Kurroa (45mg @ 4:1 Ext.) 180 mg Bupleurum Root (35mg @ 4:1 Ext.) 140 mg Burdock Root 90 mg Boldo Leaf (35mg @ 4:1 Ext.) 140 mg Oregon Grape Root 50 mg Artichoke Ext. (5% Cynarin) 35 mg Cayenne Pepper 5 mg	
 BUFFERED C-COMPLEX 1000 The beige tablet contains: Vitamin C (Ascorbic Acid) 650 mg 1,079 Rose Hips 100 mg ** Quercetin & Lemon Bioflavonoids 55 mg ** Rutin & Hesperidin 50 mg ** Calcium (Carbonate) 145 mg 15 (Buffered with calcium carbonate for those with sensitive stomachs) In a base containing the following fruits: mango, acerola cherry, camu camu, pomegranate, goji berry, papaya, red guava, orange and pineapple.		 SUPER CIRCULATION SUPPORT* The light brown two piece capsule contains: Vitamin B-3 (Niacin) 25 mg 125 CIRCULATION SUPPORT HERBAL BLEND 610 mg ** Herbs that support Circulation, Memory, Vascular, and Heart health.* Hawthorn Berry (75mg @ 4:1 Ext.) 200 mg Chickweed Leaf 130 mg Ginkgo Biloba (75mg @ 4:1 Ext.) 250 mg Prickly Ash Bark (25mg @ 4:1 Ext.) 100 mg Horse Chestnut (30mg @ 4:1 Ext.) 120 mg Motherwort Leaf (20mg @ 4:1 Ext.) 80 mg Butcher's Broom (30mg @ 4:1 Ext.) 120 mg Cayenne Pepper 50 mg Witch Hazel Leaf (30mg @ 4:1 Ext.) 120 mg Bilberry Leaf & Fruit 50 mg Ginger Root (30mg @ 4:1 Ext.) 120 mg White Willow Bark 25 mg Red Sage Root (25mg @ 4:1 Ext.) 100 mg Spirulina Algae 15 mg	
 VITAMIN B-12 1500 (Time Released) The pink tablet contains: Vitamin B-12 (cyanocobalamin) 1,500 mcg 25,000		 ORGANIC FLAXSEED OIL (OMEGA-3) The large dark brown soft-gel capsule contains: Flaxseed Oil (Cold Pressed) 1,000 mg ** Provides a Rich Source of Omega-3 fatty acids Alpha-Linolenic Acid (Omega-3) 585 mg ** Linoleic Acid (Omega-6) 150 mg ** Oleic Acid (Omega-9) 175 mg ** Palmitic Acid, Stearic Acid and fatty acids 90 mg **	
 SUPER ENERGY PLUS®* The green tablet contains: Vitamin B-12 (Cyanocobalamin) 100 mcg 1,668 Vitamin B-3 (Niacin) 25 mg 125 SUPER ENERGY Herbal Blend 975 mg ** Yerba Mate Leaf S.E. 30% 100 mg Cayenne Pepper 50 mg Bissy Nut Seed S.E. 35% 100 mg Ashwagandha Root 35 mg Guarana Seed S.E. 50% 100 mg Brazilian Suma Root 50 mg Green Tea Leaf S.E. 10% 100 mg Astragalus Root 30 mg Licorice Root 100 mg Eleuthero Root 30 mg Panax Ginseng Root 80 mg Ginkgo Biloba Leaf 30 mg (20mg 4:1 Ext.) Horse Chestnut 30 mg Tribulus Terrestris 80 mg Gotu Kola Root 30 mg (20mg 4:1 Ext.) Schizandra Berry 30 mg L-Arginine HCL 50 mg Red Sage Root 30 mg Butcher's Broom Root 30 mg Juniper Berry 30 mg NOTE: Several herbs in this tablet are naturally rich in caffeine. Total caffeine content is approximately 125 mg.		 MINERAL COMPLEX 1000 The two gray tablets contain: Calcium (Carbonate & Citrate) 500 mg 50 Magnesium (Oxide) 250 mg 63 Iron (Amino Acid Chelate) 18 mg 100 Iodine (Atlantic Kelp) 150 mcg 100 Copper (Amino Acid Chelate) 2 mg 100 Zinc (Amino Acid Chelate) 50 mg 334 Manganese (Amino Acid Chelate) 10 mg 500 Potassium (Proteinates) 99 mg 2.8 Chromium Picolinate (Chromax® Nut 21) 40 mcg 34 Selenium (Selenium Yeast) 50 mcg 72 Betain HCL (Enzyme) 50 mg ** Vitamin D ₃ (Cholecalciferol) 1000 I.U. 250 62 COLLOIDAL TRACE MINERALS 25 mg **	
 VITAMIN E COMPLEX 1000 The gold soft-gel capsule contains: Vitamin E (100% Natural) 1,000 I.U. 3,335 Includes: d-Alpha with Beta, Gamma, & Delta Tocopherols			

DIRECTIONS: TAKE ONE PACKET DAILY WITH A MEAL.
Use only as directed. **WARNING:** Consult a physician before using if you are pregnant, nursing a baby, taking medications, have heart disease, or any other known medical condition. Dietary supplements can affect the way medicines work.
KEEP THIS AND ALL DIETARY SUPPLEMENTS AWAY FROM CHILDREN.
Warning: Accidental overdose of Iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.
* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

** Daily Value (DV) not established
OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, dicalcium phosphate, croscarmellose sodium, silica, silicon dioxide, magnesium stearate, sodium starch, glycolate, maltodextrin, ethylcellulose, acacia gum, guar gum, hydrolyzed barley proteinates, glycerin, soybean oil, soya lecithin, corn starch, polyethylene glycol, titanium dioxide, chlorophyll, gelatin, FD&C blue 2, yellow 5 & 6, red 40 lake, aqueous film coating. CONTAINS SOY & FISH (herring, anchovy, mackerel, sardine, salmon)

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www.freshstartvitamins.com